

## ACHY BREAKY

COUNT: 48  
TYPE: Four Wall Dance

### SHUFFLE STEPS, ROCK STEPS WITH TURNS

- 1&2 Shuffle to the right (R-L-R)
- 3&4 Shuffle to the left (L-R-L)
- 5 Rock back on right foot
- 6 Rock forward on left foot with 1/4 turn left
- 7&8 Shuffle (R-L-R) turning 1/2 turn left

### BACK STEPS

- 9 Step back on left foot
- 10 Step back on right foot
- 11 Hitch left foot up, while pivoting 1/4 turn R on R foot
- 12 Step left foot down

### WALK BACKWARDS

- 13 Step back on right foot
- 14 Step back on left foot
- 15 Step back on right foot
- 16 Stomp left foot

### SHUFFLE STEPS, ROCK STEPS AND 1/4 TURN

- 1
- 7&18 Shuffle to the left (L-R-L)
- 19 Stomp right foot
- 20 Stomp right foot again
- 21&22 Shuffle to right (R-L-R)
- 23 Rock back on left foot
- 24 Rock forward on right foot
- 25&26 Shuffle to the left (L-R-L)
- 27 Rock back on right foot
- 28 Rock forward on left foot with a 1/4 turn left

### GRAPEVINE RIGHT

- 29 Step right foot to right
- 30 Cross left foot behind right
- 31 Step right foot to right
- 32 Stomp left foot next to right

### HEEL TAPS

- & Quickly, step left foot forward
- 33 Tap left heel
- 34 Tap left heel
- 35 Tap left heel
- 36 Tap left heel
- & Switch to right foot forward (bring left foot back)
- 37 Tap right heel
- 38 Tap right heel
- 39 Tap right heel
- 40 Tap right heel

### HAND JIVE

- 41 With both hands, slap both legs (R hand to R)(Left to L)
- 42 With both hands, slap both legs (R hand to R)(Left to L)
- 43 Cross right hand over left hand and left under right (touch legs)
- 44 Uncross (R hand to R leg) (L hand to L leg)
- 45 Cross right hand under left hand and left over right (touch legs)
- 46 Uncross (R hand to R leg) (L hand to L leg)
- 47 Push both hands forward
- 48 Push both hands forward again

Begin Again